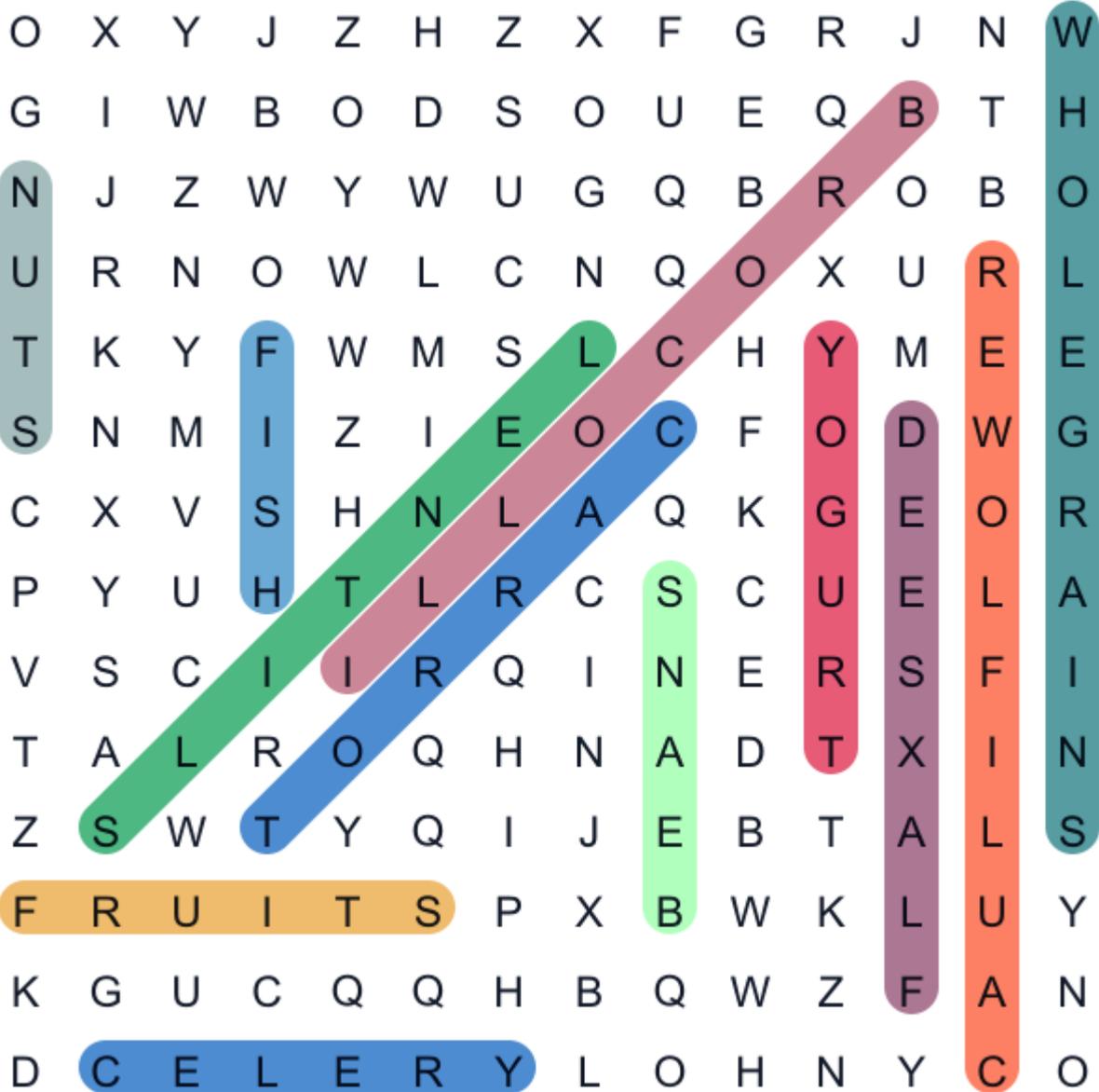


Healthy Foods



- Cauliflower
- Fruits
- Yogurt
- Fish
- Lentils
- Nuts
- Flaxseed
- Broccoli
- Whole Grains
- Beans
- Celery
- Carrot